Helmet Sizing Chart

Determine circumference by wrapping a flexible tape measure or string around head just above the ears.

Size	Centimeters	Inches	Hat Size
X-Small	54cm	21-1/4"	6-3/4"
Small	55-56cm	21-1/2 - 22"	6-7/8 - 7"
Medium	57-58cm	22-3/8" - 22-7/8"	7-1/8 - 7-1/4"
Large	59cm	23-1/4"	7-3/8"
X-Large	60cm	23-5/8"	7-1/2 - 7-5/8"
XX-Large	62-63cm	24-3/8" - 24-3/4"	7-3/4 - 7-7/8"
XXX-Large	64cm	25-1/4"	8"